

8:15	Registration
8:45	Welcome
9:00-9:50	Presenters
1	The Power of Self-Advocates
2	On Barriers
3	The Power of Community
9:50-11:00	Workshop 1 (pick one)
1A	Trauma & Mental Health
1B	Human Rights
11:00-11:15	Coffee Break
11:15-12:25	Workshop 2 (pick one)
2A	Sec. 11 & Advocating to SDs
2B	Sexual Health
2C	IEPs & Language Matters
12:25-1:20	Lunch
1:10-1:20	Door Prizes
1:20-1:40	Start with Strengths
1:40-2:50	Workshop 3 (pick one)
3A	Strategies for School Refusal
3B	Discussion on Class Action
3C	Inclusive Education
2:50-3:05	Coffee Break
3:05-4:35	Student Self-Advocate Panel
4:35-4:40	Final Announcements

Start with Strengths

Karen Copeland of **Champions for Community Mental Wellness**

Karen is a mom of two from Abbotsford BC. She is a passionate advocate for curiosity and seeing our children and families through a strengths based lens. She believes in the opportunities created when families and professionals come together to learn from, with and about one another; and reminds us of the importance of honouring the champions who come into our lives to support us on our journey.

Student Self-Advocate Panel

Elizabeth McWilliams Hewitt and students

Elizabeth is a consultant and instructor at UFV, who has facilitated the youth panel for more than 5 years in various schools and communities. The panel is comprised of 5-6 youth, ranging in age from 14 years to 19 years of age. Coming from various communities in the Lower Mainland and Fraser Valley, the panelists are students in both the public and homeschooling programs. Each of the panelists are active within their communities, as students or employed, their church, volunteer groups, social-recreation programming and various therapeutic activities. Students will share their stories, followed by a lively Q&A session.



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